

FOR A BETTER SUPPORT OF YOUNG MIGRANTS

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Fear of being locked up or rejected, loneliness, poverty, insecurity, racism... are so many obstacles to the rebuilding of young migrants. And to their integration. «When they arrive at the center, they have for the most part totally lost confidence in themselves and others. They are afraid, says an educator of the intercultural center of aid and orientation * (CIAO) managed by the congregation of the Marist brothers in Syracuse, Sicily. It is primordial to provide them a secure and comforting space, and finally an appropriate support. »

18 trained professionals, 1,625 young indirect beneficiaries

For three days, 18 educators, Italian teachers and lawyers, all taking action at the CIAO for young migrants, participated in a Tutor of resilience training, organized by the BICE, in collaboration with the Catholic University of the Sacred-Heart of Milan (UCSC) and adapted to the audience specificities. The objective? To enhance the support provided and support these young people in their resilience process. A part of the training is, hence, focused on the migratory process and the identity building in a foreign country. Particular attention was also paid to adolescence and development delay likely to be caused by traumatic travel experiences.

Workshops to encourage dialog

What does resilience means? How do we identify personal and community help available to young people? Which role must play a tutor of resilience? These different issues were broached during the training, especially by means of creative workshops. Workshops during which participants also discovered activities to be implemented with young people in order to encourage dialog, self-

confidence, mutual aid. And so, the resilience process. «From now on, we have practical and concrete tools in our possession. It's important. Moreover, we are aware of the importance of collaborating with different actors of the CIAO. Teamwork and sharing information will allow us to better support young people », concludes a participant.

*The CIAO helps young migrants of 1st and 2nd generations on psychosocial, administrative and legal fields. It also offers Italian classes and educational support, as well as cultural activities (painting, drawing, crafts, computer science...).